

FGS Parent & Player Guidelines

The primary goal of the Fallbrook Girls Softball League is to foster softball skills development and enjoyment of the game through a relaxed instructional environment. These guidelines were created to help FGS run as smoothly as possible. Please take them as seriously as we do!

CONDUCT: Sportsmanship, learning and having fun is paramount...winning is not!

You are a part of a community and must be respectful to your coaches, teammates and fellow league members. Proper behavior is expected at all times and foul language is not permitted. There should be no conversation with umpires, coaches, players, or parents regarding a call or a play.

ALLOW COACHES TO COACH: Parents are encouraged to work with their daughters, but not during games or practices. That includes comments or instruction when up to bat or playing defense, especially after errors. During games please be your daughter's biggest fan through encouragement & positive reinforcement and not the embarrassing screaming "coach" in the stands!

HUSTLE: Hustling when you are on the field makes you a stronger player and helps your team to play and practice better.

ATTENDANCE: Every effort should be made to attend all practices, and, be on time. If you cannot make or will be late to practices or games please let the coach know as soon as possible.

INJURIES: If you are injured or become ill during a game or practice you must notify the coach immediately.

CELL PHONES: Cell phones may not be used during team meetings, warm-ups, games or practices without permission from the coach.

DISTRACTIONS: Game and practice time is not the time to visit with friends, family or that cute new puppy.

DUGOUT: Only Coaches, Team Parents & Players are permitted in the dugout during games.

Parents - Please refrain from approaching the dugout to coach or critique their daughter. Do not walk into the dugout to deliver anything to your daughter. Players will come to the dugout door to obtain what you want give them.

Players - Do not leave the dugout during games unless given permission. Drinks/water and seeds only. No food, unless ok'd by a Coach. Clean up the dugout after every use.

ADDRESSING CONCERNS/PROBLEMS:

We encourage an open relationship between coaches, players, and parents. Parents should contact the Coach to set up an appropriate time, to address questions or concerns. For your sake and for the sake of all the players do not bring up concerns during or after a game, or in the middle of practice.

The 24 Hour Rule: If you are upset about something minor please give yourself 24 hours to cool down before discussing the matter. It's amazing how a little time can sometimes help us see things in a different light.

We read and understand FGS's Player/Parent Guidelines

PLAYER SIGNATURE

DATE

PARENT SIGNATURE

DATE